

## Area Agencies on Aging (AAAs)

The AAAs provide local leadership in the development and implementation of programs to seniors age 60 and over who are of greatest social or economic need with special emphasis on serving low income and minority seniors.

Services provided by AAAs include, but are not limited to, transportation, congregate and home delivered meals, supportive services such as homemaker chore, personal care or respite and legal services.

To locate an AAA in a particular area in Missouri call 1-800-235-5503 or visit [www.moaging.com](http://www.moaging.com). To contact a nationally sponsored AAA you may call the Eldercare Locator at 1-800-677-1116.

### Family Caregiver Support

The Family Caregiver Support Program establishes an infrastructure of program resources and assistance to family caregivers of older adults or grandparents, or older adults caring for a related child under age 18. The five areas of service under the program include information, assistance, individual counseling, respite care and supplemental services such as home modifications.

Contact your local AAA for more information regarding the Family Caregiver Support Program in your area.

For more information regarding  
Home and Community Based  
Services, visit our website at  
[www.dhss.mo.gov](http://www.dhss.mo.gov).



**Missouri Department of Health  
and Senior Services**

**Division of Senior and  
Disability Services**

P.O. Box 570  
Jefferson City, MO 65102-0570  
800-235-5503

**TDD: 800-735-2966  
VOICE: 800-735-2466**

**Division of Senior  
and Disability  
Services**



**Your Resource  
Connection**

Linking You  
to Community Resources  
for Home and Community  
Based Services

**MISSOURI DEPARTMENT OF  
HEALTH AND SENIOR SERVICES**

**Missouri Care Options** is a philosophy that supports an individual's right to make informed choices when facing decisions about long-term care by:

Informing individuals of available care options;

Providing home and community based services for low-income older or disabled adults; and

Offering individuals residing in long-term care facilities the option of home and community based services.

## Adult Protective Services

Protective Services are provided on behalf of older and/or disabled adults who are reported to have been abused, neglected or exploited either by other individuals or through self-neglect. Reports are investigated by the Division of Senior and Disability Services staff.

If you suspect that an older or disabled Missourian is subject to abuse, neglect or exploitation, it should be reported to the Elder Abuse Hotline at:

**1-800-392-0210**



Calls to the hotline are confidential

## Home and Community Based Services

Disabled adults between the ages of 18 and 59 as well as seniors over the age of 60 who are recipients of Missouri Medicaid may be eligible for a variety of services in the community.

To inquire about Medicaid eligibility, contact the Department of Social Services, Family Support Division (FSD) office by calling 573-751-3221 or you may visit [www.dss.mo.gov/offices.htm](http://www.dss.mo.gov/offices.htm) for information regarding local offices.

**To request an assessment for home and community based services contact the Division of Senior and Disability Services at:**

**1-800-235-5503**

The Division of Senior and Disability Services offers the following:

**Personal Care (PC):** Available through an agency based or consumer-directed option.

**Consumer-Directed Services (CDS PC) -** Services provided to persons with a physical disability who are able to direct their own care;

**Basic PC -** Activities such as grooming, bathing, dressing and eating;

**Advanced PC -** Medically related personal care activities; and

**Residential Care Facility (RCF PC) -** Services provided to residents of a licensed RCF.

**Authorized Nurse Visits -** Maintenance or preventative services (such as setting up medication) provided by a licensed nurse;

**Respite Care -** Services providing temporary relief for the regular caregiver of a dependent adult;

**Homemaker -** General household activities provided to assist with tasks such as laundry and shopping;

**Chore -** Heavy household activities not needed on a routine basis;

**Adult Day Health Care -** Organized programs provided in a licensed adult day care facility to persons with functional impairments; and

**Counseling -** Assistance for individuals who need help resolving problems.